



**ALL PEDIATRICS
4500 POND WAY
SUITE 220
WOODBIDGE, VA 22192
703 436 1200**

The following questionnaire is to be completed by the parent or guardian. This form has been designed to provide necessary information to our staff before our initial conference in order to make the most productive and efficient use of our actual time together. As you complete this form, please feel free to add any additional information, which you think, may be helpful to us in understanding your child. All information provided by you is strictly confidential and will not be released to anyone without your written request.

Please use the backs of the pages for additional details.

GENERAL INFORMATION:

Today's Date: _____ Person Completing Form: _____

Child's Name: _____ Date of Birth: _____ Age: _____

Home Address: _____

City _____ State _____ Zip _____

Home Phone: _____

Work Phone: Mother: _____ Father: _____

Cell Phone: Mother: _____ Father: _____

E-Mail: Mother: _____ Father: _____

School: _____ System: _____ Grade: _____

School's telephone number: _____

Teacher(s): _____

REASON FOR REFERRAL / CURRENT SYMPTOMS

Please describe the problems your child is now having and the type of services you are seeking.

Please indicate if your child is experiencing any of the following difficulties:

- School attention/concentration
 - Problems Grades dropping or
 - Consistently low hyperactive,
 - Difficulty being still Impulsive,
 - Doesn't think before acting
 - Sadness or Depression
 - Generalized Anxiety (across many situations)
 - Specific
- fears/phobias (list):
- Social
 - Obsessive-Compulsive / Rigid behavior patterns
 - Body-focused repetitive behaviors (skin picking, hair pulling, nail biting,
 - Isolated socially from peers
 - Problems making or keeping
 - Friends Problems with eating
 - Problems falling asleep
 - Problems sleeping through the night (middle of the night or early morning waking) Trouble waking up
 - Fatigue/tiredness during the day
 - Nightmares
 - Noncompliant, purposely does not obey (not due to language or cognitive deficits) Oppositional, defiant behavior
 - Problems controlling temper
 - Tantrums / "Meltdowns"
 - Problems with authority (breaking rules or laws)

- _____ Wetting accidents (indicate day or night wetting):
- _____ Soiling accidents or other bowel problems (withholding, refusal, fear/anxiety) History of abuse (emotional, physical, sexual)
- _____ Alcohol or drug use/abuse
- _____ Vocal or motor tics (e.g., grunts, squeals, eye blinks, throat clearing, grimacing, involuntary movements)
- _____ Sensory problems (over-reacts or under-reacts to lights, sounds, tastes, textures, smells)
- _____ Stress from conflict between
- _____ Parents Stress due to family
- _____ Financial problems legal situation

Other behavior problems: _____

PARENTS / GUARDIANS AND FAMILY INFORMATION:

Mother's Name: _____

Age: Occupation: _____ Education Completed: _____

Health: Excellent Good Fair Poor

Father's Name: _____ Age: _____

Occupation: _____ Education Completed: _____

Health: Excellent Good Fair Poor

Marital Status (circle one): Married Remarried Divorced Separated Widowed Single

if married, how long have you been married? _____ If divorced, how long have you been

divorced? _____ If divorced, who has physical custody? _____

Is it full or joint? ____ Who has legal custody? _____ Is it full or joint? _____

Please provide a copy of the custody agreement.

Is there a birth parent living outside the home: (circle one) MOTHER FATHER

Where does this parent live? _____

If birth parent(s) do/does not live in the child's home, how much contact does the child have with the parent(s) not having custody? Step Siblings?

How would you rate the quality of your present marriage?

Mother: ___Great ___Very Good ___Good ___Fair ___Poor ___Very Poor

Father: ___Great ___Very Good ___Good ___Fair ___Poor ___Very Poor

Does either parent's job require him/her to be away from home long hours or extended periods? If yes, explain:

Who supervises the child's care when not in school? _____

Siblings: List IN ORDER OF AGE siblings of child/adolescent for whom you are seeking services.

<u>SiblingName</u>	<u>Age</u>	<u>School</u>	<u>Grade Placement</u>	<u>Grade Average</u>	<u>Conduct</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

(Please indicate good, fair, or poor conduct) In general, how would you say the child for whom you are seeking services gets along with these siblings?

___Great ___Very Good ___Good ___Fair ___Poor ___Very Poor Describe:

Others: List any other people who currently, or in the child's lifetime, have lived in your home (other family members, caregivers, nannies, etc.).

Name	Age	Relationship to Child	Years Living in Home
_____	_____	_____	From _____ to _____ From _____ to _____
_____	_____	_____	_____ to _____ From _____ to _____
_____	_____	_____	From _____ to _____

Are there other relatives who have a significant impact on how this child is raised?

FAMILY STRESS LEVEL

Please rate the overall level of FAMILY stress:

_____ Very Low _____ Low _____ Average _____ High _____ Very High

What is the greatest source of stress for the family at this time?

Please rate the overall level of stress in the mother's life:

_____ Very Low _____ Low _____ Average _____ High _____ Very High

What are the greatest sources of stress in the mother's life?

Please rate the overall level of stress in the father's life:

_____ Very Low _____ Low _____ Average _____ High _____ Very High

What are the greatest sources of stress in the father's life?

How would you rate your overall level of happiness on a scale of 1-5 (1 = UNHAPPY, 5 = HAPPY)

Mother: _____ Father: _____

FAMILY HISTORY

Has anyone in the birth family had any of the following psychological disorders? Check all that apply and list who.

<u>Condition</u>	<u>Family Member</u>
_____ General Developmental Delays or Cognitive Delay _____	_____
_____ Speech or Communication Disorder	_____
_____ Intellectual Disability (mental retardation)	_____
_____ Attention-Deficit/Hyperactivity/Impulsivity	_____
_____ Learning Problems/Disabilities	_____
_____ Autism Spectrum/Asperger's Disorder	_____
_____ Sleep disorders	_____
_____ Generalized Anxiety (across many situations)	_____
_____ Social Anxiety	_____
_____ Obsessive-Compulsive Disorder	_____
_____ Phobias	_____
_____ Depression	_____
_____ Manic-Depression/Bipolar Disorder	_____
_____ Suicide attempts/Suicide	_____
_____ Schizophrenia or other psychosis	_____
_____ Alcohol/Substance Abuse	_____
_____ Seizures or other neurological disorder	_____
_____ Genetic Disorder (e.g., Down Syndrome, Fragile X) _____	_____
_____ Other: _____	_____

Is there a history in the immediate or extended family of any medical difficulties, illnesses or surgeries? Please list:

DEVELOPMENTAL HISTORY

Were there any difficulties during the pregnancy or delivery of this child? Please list any medications, periods of bed rest, etc.

Child was born: _____ Premature _____ Full term _____ Late

Birth Weight _____

Difficulties following delivery? _____

Nursery (check all that apply): _____ Well-baby Transitional Intensive Care Other

Describe your child's temperament as an infant (e.g., easy-going, irritable, passive, difficult to soothe, etc.)

Any medical problems diagnosed in infancy? _____

As an infant, did this child seem:

More Active than average _____

Less active than average _____

Overly active _____

As a toddler, did this child seem:

Less active than average _____

Average _____

Overly Active _____

As a preschooler, did this child seem:

Less active than average _____

Average _____

Overly active _____

As the child entered school, did this child seem:

Less active than average _____

Average _____

Overly active _____

At what age did your child accomplish these developmental tasks? If your child has not met one or more milestones, leave those items blank or write "not yet."

Speech and Language

Coo/babble _____
 Respond to name _____
 Say first word _____
 Use, gestures, wave,
 point) _____
 Put words together ____
 Speak in sentences ____
 Follow Simple directions
 Follow _____
 Multistep directions _____

Motor Skills

Roll over _____
 Sit alone _____
 Stand alone _____
 Walk alone _____
 Hold pencil correctly ____

Self-Help/Independence

Feed self _____
 Toilet train _____
 (bladder)
 Toilet
 train (bowel) _____
 Dress Self _____
 Bathe self _____

Social Skills

Smile at others _____
 Laugh aloud _____
 Show affection _____
 Engage in pretend
 play _____
 Control feelings when
 upset _____
 Understand others'
 feelings _____
 Show
 Responsibility _____

List any physicians or health professionals your child sees for services on a regular basis.

When did a physician last see your child?

Rate your child's overall health

Excellent Good Fair Poor

Child's current height: _____ ft., _____ In. Weight: _____ lbs.

Does your child have any vision problems? _____

Date of last vision test and who performed (physician, optometrist, school) _____

Does your child have any hearing problems? _____

Date of last hearing test and who performed (physician, audiologist, school) _____

Is your child: right handed Left handed does not favor onehand

List any operations, serious illnesses, injuries (especially head), hospitalizations, allergies, ear infections, or other medical conditions your child has had.

List any medications your child is currently taking, including over-the-counter drugs, vitamins, and other nutritional supplements (include dosages). Also list previous medications and dates if taken for an extended period of time. Use back of page if needed.

Describe your child's regular diet (i.e., favorite and least favorite foods). Do you have any concerns about your child's eating habits (e.g., aversion to certain tastes, textures, overly restricted eating, overeating, unhealthy eating)?

What is your child's typical bedtime and wake time each day? Any concerns about your child's sleeping habits?

Has your child had any previous psychological, psychiatric, or neurological examinations? If so, by whom, when, and what was your understanding of their findings?

EDUCATIONAL AND SOCIAL HISTORY

List in chronological order all schools your child has attended:

	Name of School	Dates Attended		Grade Placement	Grade Average	Behavioral Conduct
		From	To			
	_____	From	To			_____
2.	_____	From	To			_____
3.	_____	From	To			_____
4.	_____	From	To			_____
5.	_____	From	To			_____

*(Please indicate good, fair, or poor conduct)

Name of current teacher(s): _____

What concerns does your child's teacher have about him/her?

What is your child's favorite subject? _____

What is your child's least favorite subject? _____

Has your child ever repeated a grade? _____ If so, which? _____

Has your child ever skipped a grade? _____ If so, which? _____

Has your child ever had tutoring? _____ Which subjects? _____

When and with whom? _____

Has this child ever been in a Special Education Program? _____ If yes, during what years _____

What type of program? (LD, Gifted, EBD, ASD, etc.): _____

Child's attitude towards school: _____

How does your child interact with peers and adults in social situations? Do you have any concerns about your child's social skills, or development

List your child's extracurricular activities, including sports, clubs, hobbies, lessons, etc.:

Describe your child's strengths and positive qualities and any special abilities or skills.

BEHAVIOR MANAGEMENT/ DISCIPLINE

Parents may use a wide range of discipline strategies with their children. Listed below are several examples. Please rate how likely you are to use each of the strategies listed.

	Very Likely					Very Unlikely				
Let situation go										
Time out										
Send to room										
Take away a privilege (ex. no TV)										
Take away something material (ex. No dessert)										
Assign an additional chore										
Ground child										
Reason with child /Problem-Solve/ Negotiate										
Yell at child										
Physical Punishment										
List anything else you may do:										

Please rate what percentage of discipline is handled by each of the following:

Father: % Mother: % Other %

Please go back and rate the three most effective strategies.

Please circle the least effective strategy.

Please list the five things you would like for your child to do more of and less of in order of priority to you. For example, instead of saying, "I want my child to be more responsible," translate that into actual behaviors such as do household chores, care for brothers and sisters, etc.

Would like Child to do More Often

Would like Child to do Less Often

1. _____
2. _____
3. _____
4. _____
5. _____

- _____
- _____
- _____
- _____
- _____

LEGAL HISTORY

Have you every filed or been involved in any litigation? Please explain

Is there anything else we should know about your child that was not covered by this form?
